

# Infinite Safari Adventures Trip Proposal for Cowell Yoga Safari Retreat

Prepared By: Bella Kaluwa on 07/02/2019



## Namibia Yoga Safari Retreat Prepared Exclusively For The Cowell Group

Namibia is a varied African destination that will speak to the imagination of even the most intrepid traveler with its dramatic landscapes combine with unique sand dunes , abundant wildlife and a rich cultural heritage. Namibia is known as a country that feeds your soul! This 10 day yoga retreat safari and adventure has been specially tailor made for you to experience Namibia's incredible game viewing experience, its gorgeous landscapes to explore a country where the Ocean meets the Desert. This is a custom trip limited to 12 people.

Yoga will be taught by yoga instructor Jo Zukovich. You do not need to participate in yoga but if you want, meditate in the stillness of the oldest Desert in the World, see amazing wildlife, and end your visit with a visit to the Cheetah Conservation Fund where I am a trustee to see the amazing effort that is going on to save this beautiful endangered animal. Your accommodations are set in unique locations offering the most incredible tranquil settings in harmony with nature. Each day is set to begin with voluntary morning yoga practice out in nature . After breakfast, time will be spent on an excursion with professional guides specific to the area, a chance to really get to see the country and what makes it so unique finding yourself back in nature for an afternoon voluntary yoga practice and meditation at sunset. There is nothing quite like experiencing the sounds of nature, wide open spaces & breathtaking views to inspire relaxation and to find inner peace. This safari is designed for you to fall in love with Africa!

## Quick Summary

Day	Description	Accommodation
Day 1	Welcome To Africa	River Crossing Lodge
Day 2	Off To The Oldest Desert In The World !	The Desert Grace
Day 3	The Dunes of Sossusvlei	The Desert Grace
Day 4	Off To Swakpomund	Desert Breeze
Day 5	Swakopmund	Desert Breeze
Day 6	Drive Up The Skeleton Coast To Damaraland	Doro Nawas Camp
Day 7	A Day In Damaraland	Doro Nawas Camp
Day 8	On To Ongava Private Game Reserve	Ongava Lodge
Day 9	Yoga & Game Drive In Ongava Private Game Reserve	Ongava Lodge
Day 10	On To The Cheeta Conservation Fund!	Cheetah View Lodge
Day 11	A Day At CCF	Cheetah View Lodge

Day	Description	Accommodation
Day 12	Time To Say Untill Next Time	

# Itinerary Detail

## Day 1: Welcome To Africa



### DAILY SUMMARY

- **Transfer:** Welcome To Africa!
- **Accommodation:** River Crossing Lodge
- **Meals:** D

Upon arrival in Windhoek you will be met by a representative of Infinite Safari Adventures and taken to the River Crossing Lodge. Depending arrival time. After a late lunch and settling into your luxurious accommodation, meet for a restorative sunset yoga session followed by a welcoming ceremony and a mouth-watering dinner under the African sky...

## Day 2: Off To The Oldest Desert In The World !



### DAILY SUMMARY

- **Tour:** Drive to Sossusvlei
- **Accommodation:** The Desert Grace
- **Meals:** B, L, D

If you want, but not required start off the day with a beautiful sunrise yoga session that will awaken all your senses, making you feel reconnected with your soul... After your breakfast you will travel make down south to Sossusvlei (about 5 hour drive). Enjoy the beautiful scenery along the way you'll be spoilt with ever-changing vistas of the desert landscapes. Long dusty

roads and sparsely populated farmlands offer an insight into the vastness of rural Namibia. From the grasslands in the east to the red dunes of the west the slowly changing landscapes represents the many faces of this desert country. After checking in, and having lunch indulge in an afternoon sundowner drive or sunset Yoga in the desert followed by dinner overlooking a floodlit waterhole where you can watch oryx, springbok, jackal, ground squirrel and hyena, whilst enjoying exquisite food.

## Day 3: The Dunes of Sossusvlei



Sunset Yoga in the desert followed by a buffet dinner overlooking a floodlit waterhole where you might have the opportunity to watch oryx, springbok, jackal, and hyena, whilst enjoying exquisite food.

### DAILY SUMMARY

- **Tour:** Waking Up To Another Beautiful Day In Africa !
- **Accommodation:** The Desert Grace
- **Meals:** B, L, D

Sunrise yoga will be offered but not required on an open-air yoga deck practicing calmness and becoming one with nature, followed by breakfast. Sossusvlei is undoubtedly Namibia's most iconic landscape, located in the Namib-Naukluft National Park. The Namib Desert is the oldest desert in the world and stretches over 1500km with dunes reaching heights of 300m.

## Day 4: Off To Swakpomund



### DAILY SUMMARY

- **Tour:** Journey to Swakopmund
- **Accommodation:** Desert Breeze
- **Meals:** B, L, D

If you want rise early for Yoga as the sun starts creeping up over the horizon. A time to reflect, breathe and simply take in the peacefulness off all that surrounds you . After Breakfast check- out formalities head to the picturesque coastal town of Swakopmund- where the ocean meets the desert. A 5 hour drive , somewhat meditate with forever changing landscapes .

Arrive and if you want enjoy sunset yoga with spectacular views of the Namib dune

## Day 5: Swakopmund



### DAILY SUMMARY

- **Tour:** A Day In Swakopmund
- **Accommodation:** Desert Breeze
- **Meals:** B, L, D

Get ready for a fun filled day in Swakopmund . You can choose between a variety of adventurous excursions (optional ) from quad biking , fat wheel biking , ocean safaris, dune boarding , horse riding , camel riding , kayaking or surfing . If you would like to observe your surroundings from above you could even try skydiving or scenic flight . Sunset Yoga on the beach

overlooking the Atlantic Ocean and the Namib Desert to end your day .

## Day 6: Drive Up The Skeleton Coast To Damaraland



arrival you will also visit the Damara Cultural Village. This is a living museum and a unique experience and opportunity to see a way of life that is slowly dying out .

### DAILY SUMMARY

- **Tour:** Journey To Damaraland
- **Accommodation:** Doro Nawas Camp
- **Meals:** B, L, D

Today you will head up the skeleton coast to Damaraland. Here you will connect with the ancient past of Namibia. During your stay here we will visit Twyfelfontein with its ancient rock paintings, the petrified forest and the tallest point in Namibia Brandberg mountain. This is also the home of desert adapted rhino and elephant which we will go looking for. Prior to your



## Day 7: A Day In Damaraland



### DAILY SUMMARY

- **Tour:** Damaraland Activities
- **Accommodation:** Doro Nawas Camp
- **Meals:** B, L, D

Spend another day exploring Damaraland. Starting with the early morning you may meet the Himba people along the way as well as a chance for a desert elephant or rhino encounter. While the landscape does not support huge herds, desert-adapted life such as springbok, gemsbok and go for a nature drive in open Land Rovers which can end with a river lunch or

scenic walk ending at "Little Table Mountain." Namibia is known for its clear night skies, and with no light pollution this is the ideal spot from which to learn about the stars and planets that whirl above us.

## Day 8: On To Ongava Private Game Reserve



winter months, there are perennial springs along the edges that create natural waterholes that are a magnet for wildlife. Game viewing is excellent where there is a chance to spot herds of impala, elephants, giraffe, lion, leopard, black rhino and of course cheetah!

### DAILY SUMMARY

- **Tour:** Journey To The Southern Boundary Of Etosha National Park
- **Accommodation:** Ongava Lodge
- **Meals:** B, L, D

Leaving Damaraland behind and travel toward Etosha National Park and all the amazing wildlife there is to see. Etosha, when created in 1907, was the largest game reserve in the world. It is Namibia's premiere wildlife destination. Named for the Etosha Pan, a salt desert that is nearly completely barren in the dry

## Day 9: Yoga & Game Drive In Ongava Private Game Reserve



### DAILY SUMMARY

- **Tour:** Ongava Private Game Reserve Activities
- **Accommodation:** Ongava Lodge
- **Meals:** B, L, D

Well known for its population of rhino as well as lion and other game such as antelope, including endemic black-faced impala enjoy the guided afternoon/evening game drives ,read a book, go on a nature walk, birding or enjoy the beautiful surroundings from your own private patio or visit the Camp Hide its a fantastic place to while the hours away up close and

personal with wildlife slaking its thirst at the camp waterhole This arid environment where little water occurs makes this a popular drinking spot for game ending the day with an afternoon yoga session .

## Day 10: On To The Cheeta Conservation Fund!



### DAILY SUMMARY

- **Tour:** Drive To Cheetah Conservation Fund
- **Accommodation:** Cheetah View Lodge
- **Meals:** B, L, D

Today you will culminate your safari by heading south on an approximate 3 hour drive to be a VIP guest of the Cheetah Conservation Fund of which I am a trustee. During your stay you will visit CCF facilities where research, conservation and educational work is done dedicated to saving cheetahs who are facing extincintion. You will have an opporutity to see

cheetahs exercise, being fed, and witness CCF's various projects including the raising of Anatolian Shepherds to protect rancher's herds from cheetah attacks. Tonight you will stay the beautiful and newly constructed Cheetah View Lodge (FB) located on the CCF property.

## Day 11: A Day At CCF



### DAILY SUMMARY

- **Tour:** VIP Cheetah Conservation Fund Tour
- **Accommodation:** Cheetah View Lodge
- **Meals:** B, L, D

Spend the day seeing more of CCF and its various initiatives Practice yoga in areas where you may see cheetahs walking about. Listen to the silence as the world settles down for the evening.

## Day 12: Time To Say Untill Next Time



### DAILY SUMMARY

- **Tour:** Time To Say Until Next Time

All good things must come to an end, but it is not goodbye but only until next time. Africa is now in your blood. At the appropriate time you will check out and be transferred to the airport for your your international flight home.

# Accommodation

## River Crossing Lodge

River Crossing is located on a pristine 6500 hectare game reserve. The main lodge building comprises a dining room, a centrally situated bar, a lounge (soon with fireplace), a wellness room, a curio corner, and a conference room seating up to 65 delegates. Nestled outside between the lounge and dining area is the pool (great for swimming lengths – it really is quite long!) The elevated wooden deck offers a fairytale view of Windhoek. The lodge and the rooms have been designed to emulate old German farm houses – think ‘stoep’ with ‘afdakkie’ and pots of geraniums. The 20 guest chalets consist of 14 twin chalets and six double chalets (all chalets have en suite bathrooms with showers, loos and basins).

**Website:** <https://www.rivercrossinglodge.com/>



## The Desert Grace

Desert elegance and an extra touch of grace! Graceful spaces and gracious hospitality imbue this modern lodge with its elegance of yesteryear, spirited character and refreshingly stylish interior. Sip on a pink gin while appreciating the expansive desert scenery from one of the 24 bungalows, each with its own plunge pool. Outdoors, ancient golden desert; indoors, pure love.

**Website:** <https://store.gondwana-collection.com/accommodation/desert-grace>



## Desert Breeze

Staying at Desert Breeze it will feel like you are part of the Namib desert. You will be living “in the view” of the oldest desert in the world. Total peace and silence so close to Swakopmund. Surrounded by colourful and very unique architecture contrasting but yet fitting in with the desert landscape will soothe any soul. Big basalt sculptures stand guard over the desert landscape. The luxury bungalows with the creative feeling and friendly staff will make your stay very special. Desert Breeze offers 12, all en-suite, luxury bungalows and one exquisite villa, each with a private sun deck to admire the breath-taking view of the dunes. Expressing sophisticated style and luxury from our accommodation right through to our breakfast facilities, we endeavour to make our guests feel pampered and spoiled. Each bungalow and the villa are equipped with wireless internet, mini bar, coffee and tea making facilities and digital safes. The breakfast facility serves only the freshest of produce for breakfast. Seating is available indoors or on the deck for guest to enjoy the view and peaceful atmosphere. Secure parking as well as laundry facilities are available.

**Website:** <http://desertbreezeswakopmund.com/>



## Doro Nawas Camp

Located within the Doro Nawas Conservancy in central Damaraland, this camp with just 16 units commands spectacular views of the Etendeka Mountains to the north and the red sandstone cliffs of Twyfelfontein in the south. Each room has an outdoor shower and a staircase to the flat roof which is the perfect place for relaxing sundowners and star gazing. Another highlight of this camp is the opportunity to sleep under the stars in this pristine environment

**Website:** <https://wilderness-safaris.com/our-camps/camps/doro-nawas-camp>



## Ongava Lodge

Set on a ridge with views across the plains one of the highlights of Ongava is a chance to sit at the bar and have a drink while you watch animals do the same at the floodlit water hole.

**Website:** <http://ongava.com/ongava-lodge/>



## Cheetah View Lodge

With uninterrupted views of the Waterberg Plateau, the five room Cheetah View Lodge is the ideal setting for travellers who want to witness a world class conservation facility at work. Accommodation fees include breakfast and dinner plus a 15% discount off all cheetah activities, from cheetah drives to the popular cheetah runs. All proceeds from the lodge support the CCF's continuing efforts to save the cheetah, promote ethical farming and teach coexistence in Namibia. Our Meal House offers a full service restaurant with an open-air veranda for lounging and wildlife viewing at the purpose-built waterhole. The large family room situated below the Meal House also overlooks the waterhole with similarly breathtaking views of the Waterberg Plateau in the distance.

**Website:** <http://www.cheetahecolodge.com/cheetah-ecolodge/>





# Details

## Price Includes

This is an all-inclusive trip for a maximum of 12 and includes:

- Full board accommodation throughout
- Experienced English speaking guides
- Yoga instruction taught by Jo Zukovich (you are not required to participate in yoga activities if you do not want)
- All transfers
- Internal flights
- Park and entrance fees
- Cultural activities
- Regional medical evacuation insurance

## Price Excludes

- International flights
- Visa fees
- Drinks
- Tips
- Other activities
- International travel insurance We strongly recommend all clients take out international travel insurance – we can advise on this if you would like
- Items of a personal nature.

# Book This Trip

## PRICING SUMMARY

Total Price: **\$6,385.00**

*All pricing is in \$USD*

## TERMS AND CONDITIONS

Your Itinerary ID is 79442-13039

Payment Terms: 50% non-refundable deposit due upon booking. Balance due 45 days before your departure.

Scheduled domestic flight costs may vary until the time of booking, thus pricing for flights cannot be guaranteed until time of booking.

**This itinerary is subject to availability of accommodations and space on chartered flights.**

It is best to book as far in advance as possible to ensure the best chance of having space available

We accept all major credit cards, checks, and wires (wire information is on invoice)

Thank You For The Opportunity To Be Your Safari Company!